



UPLOADS

Understanding and Preventing Led
Outdoor Accidents Data System

Take part in a National study on injury prevention in the outdoor education and recreation sector

The UPLOADS (Understanding and Preventing Led Outdoor Accidents Data System) allows you and your organisation to collect detailed information surrounding injury and near miss incidents in a way that will support you in taking measures to prevent them.

A national trial of a prototype version of UPLOADS was undertaken in 2013. The study involved organisations using UPLOADS to collect incident and participation data for a 6 month period. Fifteen organisations participated in the trial across six States. Five organisations were commercial enterprises, 5 were not-for-profits, 2 were schools, 2 were registered training organisations and 1 was a government agency/public sector organisation. During the six month period, 184 incidents were reported, which included 115 injuries, 31 illnesses, 5 social or psychological impacts, 2 cases of equipment damage and 25 near misses. The participation data showed that organisations had conducted 59 different activities over 295,895 days.

Based on the results from the first trial and an expert review of UPLOADS, we have developed two versions of the system: UPLOADS Software tool and UPLOADS Lite.

UPLOADS Software Tool

The UPLOADS Software Tool allows organisations to:

- Systematically track their injury and near miss incident and participation data;
- Analyse their own incidents using a systems analysis framework;
- Generate automatic reports on the data they collect; and
- Contribute deidentified data (i.e. names removed) to the industry database.

The software tool is installed on a computer within the organisation and the data is not directly accessible by the research team. Organisations are asked to contribute deidentified data (i.e. names removed) to the project on a monthly basis. **Organisations, participants and staff cannot be identified from the data sent to the research team for analysis.**

UPLOADS Lite

UPLOADS Lite is designed for organisations who only want to contribute data to the national database. An online survey tool allows organisations to **contribute completely anonymous incident reports and participation data**. Organisations are also able to save the data they enter for their own records.

Why use UPLOADS?

Detailed information on incidents and contributing factors can be used to design and justify changes to policy, training, or program location or activity.

The findings from the national database will be analysed by the research team and communicated to the sector every six months. The national database will allow the sector to better understand the real risks associated with different types of outdoor activities. Organisations will be able to request reports from the national database on specific issues to assist them in formulating risk management strategies. For example, a report could be produced on all 'high ropes' near misses and incidents in the national database.

The National trial

The National trial involves using UPLOADS for at least a 12 month period to collect information about near misses, incidents and participation rates. The UPLOADS project plans to continue after this period and organisations are encouraged to continue their involvement. The research project has received ethics approval from the University of the Sunshine Coast (approval no A/13/454).

Want more information?

If you would like to participate in the trial, or would like more information, please register your contact details here:

<https://www.surveymonkey.com/s/UPLOADS>

Alternatively, contact:

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