



25/10/18

Re: Nomination for a Board Member Position

Dear Outdoors WA Board,

My name is Kym Gibson. I am a vibrant, energetic and passionate advocate for the outdoors, the therapeutic benefits that come from being in nature, experiential learning, and Adventure Therapy programs.

I have worked in the Education and Sport and Recreation Industry for the last 15 years. Throughout this time I have helped a diverse range of people within WA to identify tools and strategies to overcome challenging situations and the ability to face them head on. This has helped improve the quality of life for many Western Australians.

Recently, I attended the 8<sup>th</sup> International Adventure Therapy Conference, in Sydney, where I was appointed the WA representative for Australian Association for Bush Adventure Therapy (AABAT).

I have also recently started my own Adventure Therapy business called Adventure Connections, to help increase the amount of families getting outdoors and into nature, while strengthening one's connection with self, family, country and the wider community.

I am now writing to you to nominate for a board member position at Outdoors WA, because I believe that by creating a unified approach we will be able to educate and inspire more Western Australians to improve their overall Health and Wellbeing, by being active in our beautiful outdoors.

Thank you for your consideration and I look forward to seeing you at the AGM.

Kind regards,

**Kym Gibson**

Creative Director

Adventure Connections – Strengthening WA Families

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